

Putting the brakes on the opioid epidemic

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EXPRESS SCRIPTS[®]
Federal Pharmacy Services



Disclosures

- Presenter has the following interest to disclose: *Employee of Express Scripts.*
- AMSUS and ACE/PESG staff have no interest to disclose.
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At Express Scripts, we...

- Believe deeply in the work we do every day
- Act with compassion and work tirelessly for the greater good
- Develop high-impact solutions and share results to prove the value
- Ensure patients have the medications that best fit their needs from both a clinical and an economic perspective



**IN ALL WE DO, WE STRIVE
TO DO RIGHT BY BOTH OUR
CLIENTS AND MEMBERS**

WHAT YOU'RE UP AGAINST:

More overdoses caused by prescription drugs than illegal drugs

Every day ...



1,000+ people are treated in ERs for misusing prescription opioids



115+ people die from prescription pain killer overdoses in 2016¹

40% increase in just 2 years

1. <http://www.cdc.gov/> | The Opioid Crisis Report www.castlighthealth.com/typ/the-opioid-crisis/
2. <https://www.cdc.gov/mmwr/volumes/65/rr/rr6501e1.htm> Centers for Disease Control and Prevention's Morbidity and Mortality Weekly Report (MMWR)



Concurrent use of **benzodiazepines** and **opioids** puts patients at greater risk for potentially fatal overdose.²



RAISING PUBLIC AWARENESS



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Putting the brakes on opioid abuse requires management across the care continuum



To manage the opioid epidemic, all types of users must be addressed



New and acute use



Short-term or intermittent use



Chronic use



Overuse and abuse

ADVANCED OPIOID MANAGEMENT

An aggressive yet, clinically-sound approach focused on driving change in our nation's opioid epidemic



Member Education

- Engage the patient to be active in therapy
- Understand the risk/benefit of opioids



Prescriber Outreach

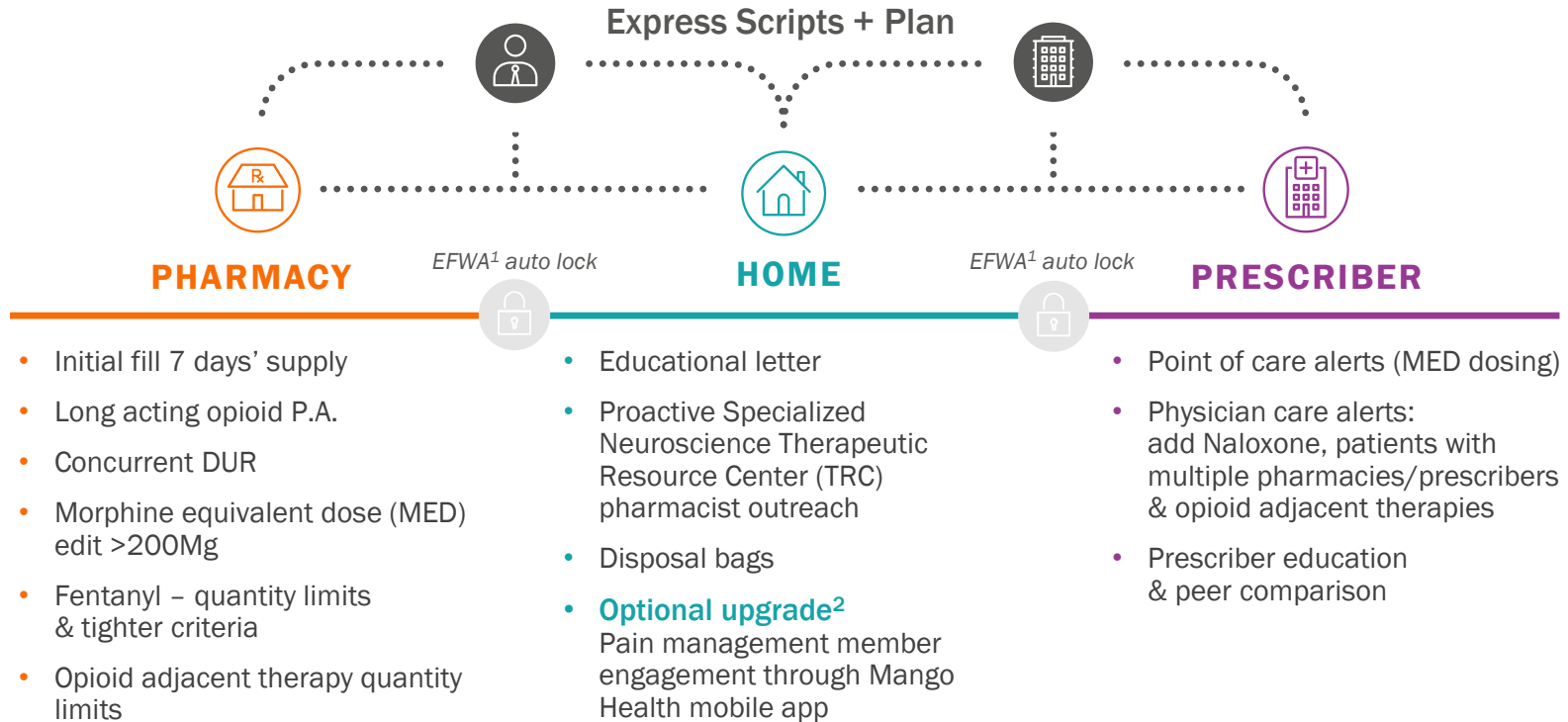
- Physician education, care alerts and EHR integration
- Peer comparison



Point-of-Sale Edits

- Limiting initial opioid exposure
- Ensuring safe & appropriate therapy
- Layer of protection with various limit thresholds

Our complete & effective solution



1. Enhanced Fraud, Waste & Abuse; 2. Additional charge

TRUE INFLUENCE

Lynn Nowak, M.D.

I thank you for your "heads up" letter. I know you don't expect a response, but since pain meds are such an issue, I thought I would.

I was uncomfortable but not in pain following my procedure therefore Tylenol (2) took care of the issue.

Thank you!

CONTINUING TO SUPPORT THE COMMUNITIES IN WHICH WE SERVE

Learn more at
express-scripts.com/opioids



Naloxone Access

Physician Care Alert recommends the addition of naloxone for potentially high-risk members



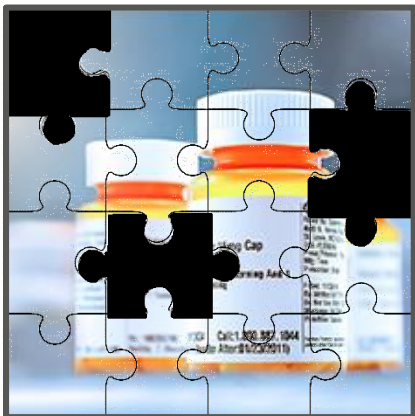
Fraud, Waste & Abuse

Refer fraud, waste and abuse cases to law enforcement and state medical boards



Zero Left

Proud to work with Zero Left, an organization founded to protect families across the U.S. from suffering a similar tragic loss



Committed to constant improvement for patients, clients & the system as a whole.



Advanced Opioid Management won the 2018 PBMI Excellence Award for Opioid Management Strategies.



Since you sat down with us,
TWO PEOPLE HAVE DIED
as a result of opioids.

By the time our Q&A is done,
THERE WILL BE A THIRD.

Learn more at [express-scripts.com/opioids](https://www.express-scripts.com/opioids)



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