



Continuing Education Information

AMSUS

016.2 MILMED: Musculoskeletal Injuries and United States Army Readiness. Part II: Management Challenges and Risk Mitigation Initiatives

Primary Author: COL (ret) Joseph M. Molloy, PT, PhD; LTC (ret); Timothy L. Pendergrass, PT DSc ATC; LTC Ian E. Lee, PT, DSc; Michelle C. Chervak, PhD, MPH; LTC (ret) Keith G. Hauret, MSPH MPT; MAJ (ret) Daniel I. Rhon, PT, DSc

Journal Article CE Activity: Release Date: 13 Apr 2020, Expiration Date: 12 Apr 2021

Continuing Education Information

This continuing education activity is provided through a collaboration between AMSUS and AffinityCE. This activity provides continuing education credit for physicians, physician assistants, nurses, nurse practitioners, psychologists, health care executives and pharmacists, as well as providing a statement of participation for other attendees.

Learning Outcomes

1. Distinguish among primary, secondary, and tertiary MSKI risk reduction initiatives.
2. Identify/describe associations (or lack thereof) between the health-related components of physical fitness (aerobic endurance, muscular endurance, muscular strength, body composition, flexibility) and MSKI risk among soldiers.
3. Identify/describe the key components of the Occupational Physical Assessment Test (OPAT). To describe Army Physical Readiness Training (PRT) in terms of its (1) key components, (2) intent and (3) effect on trainee MSKI rates.
4. Identify/describe associations (or lack thereof) between footwear and running-related injury risk.
5. Identify/describe key components of the Army's Holistic Health and Fitness system (H2F), including the Army Combat Fitness Test (ACFT).
6. Identify/describe the association between prior MSKI and risk for future injury.
7. Describe the importance of timely, accurate MSKI reporting and consistent external cause coding in the electronic health record when pursuing MSKI risk reduction.
8. Identify/describe MSKI survey research capabilities.

Disclosures

Authors have no relevant financial interests to disclose.

AffinityCE staff, AMSUS staff, planners, and reviewers have no relevant financial interests to disclose.

Physicians

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint

providership of AffinityCE and AMSUS. AffinityCE is accredited by the ACCME to provide continuing medical education for physicians.

AffinityCE designates this journal-based CME activity for a maximum of 1.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physician Assistants

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of AffinityCE and AMSUS. AffinityCE is accredited by the ACCME to provide continuing medical education for physicians.

AffinityCE designates this journal-based CME activity for a maximum of 1.5 *AMA PRA Category 1 Credits™*. Physician Assistants should claim only the credit commensurate with the extent of their participation in the activity.

Nurses

Nursing continuing education for nurses is provided for this program through collaboration between AMSUS and AffinityCE. AffinityCE is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation (ANCC). This activity provides a maximum of 1.5 contact hours of nurse CE credit.

Nurse Practitioners

This activity has been planned and implemented in accordance with the accreditation standards of the American Association of Nurse Practitioners (AANP) through the joint providership of AffinityCE and AMSUS. AffinityCE is accredited by the American Association of Nurse Practitioners as an approved provider of nurse practitioner continuing education. Provider number: 031105. This activity provides up to 1.5 hours of CE Credit.

Pharmacists

AffinityCE is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This knowledge-based CPE activity will provide 1.5 contact hour for participants. To receive continuing education credit, a pharmacist must attend the accredited session and complete the program evaluation. There is no cost to participate. Participant CE records will be electronically communicated to CPE Monitor. UAN: 0829-9999-20-055-H01-P.

Psychologists

AffinityCE is approved by the American Psychological Association to sponsor continuing education for psychologists. AffinityCE maintains responsibility for this program and its content. This activity provides up to 1.5 hours of CE Credit. The instructional level of this activity is intermediate. There is no cost to participate in these CE sessions for registered members. For non-members, please consult the AMSUS website.

Psychologist specific Learning Outcomes

1. Identify early point-of-care screening for psychosocial risk factors affecting responsiveness to MSKI.

2. Review resiliency and psychosocial risk factors, recovery perceptions that are relevant to MSKI-related outcomes.

Health Care Executives

AffinityCE is authorized to award 1.5 hours of pre-approved American College of Healthcare Executives (ACHE) Qualified Education credit (non-ACHE) for this program toward advancement, or recertification in the ACHE. Participants in this program wishing to have the continuing education hours applied toward ACHE Qualified Education credit should indicate their attendance when submitting application to the ACHE for advancement or recertification.

Other Professionals

All other health care professionals completing this continuing education activity will be issued a statement of participation indicating the number of hours of continuing education credit. This may be used for professional education CE credit. Please consult your accrediting organization or licensing board for their acceptance of this CE activity.

Commercial Support

No commercial support was provided for this activity.

Participation Costs

There is no cost to participate in this CE activity as an AMSUS member. Non-members, please consult the AMSUS web site.

CME Inquiries

For all CME policy-related inquiries, please contact us at ce@affinityced.com.

How to Earn CE Credit

1. Go to the URL provided via e-mail.
2. Select the activity: **016.2 MILMED: Musculoskeletal Injuries and United States Army Readiness. Part II: Management Challenges and Risk Mitigation Initiatives**
3. Enter an e-mail address and password to begin setting up your profile. Select "I Forgot My Password" if you need to reset the password you set up.
4. Verify, correct, or add your information.
5. Proceed to view the content, examine any images and/or multimedia features, and review the content presented within the links provided.
6. Proceed to complete the post-test and evaluation for the activity. The post-test has a passing score of 80% and may be retaken.
7. Upon successful completion of the post-test and evaluation, you can download your CE Certificate. Your CE record will also be stored here for later retrieval.
8. The website is open for completing your evaluation for one year following release.
9. After the website has closed, you can come back to the site at any time to download your certificate, but you will not be able to add any evaluations.

Please send any technical or customer support requests to cds_support+amsus@affinityced.com.